

## OUR MISSION

Our mission is to work with our clients to develop interventions and treatments that address the emotional, psychological, behavioral, and environmental challenges that arise and affect our clients ability to function or obtain their goals. We blend holistic and multicultural approaches by using a community based outreach practice that provides comprehensive support services to our clients.

## We Serve Greater Boston & Southeast Region

### **Boston, Metro Boston, Southeast**

*(Including but not limited to)*

Roxbury, Dorchester, Roslindale, Mattapan, Hyde Park, Quincy, Weymouth, Brockton, Cambridge, Malden & Somerville Canton, Dedham, Foxboro, Medfield, Millis, Needham, Newton, Norfolk, Norwood, Plainville, Sharon, Walpole, Wellesley, Weston, Westwood, Wrentham, Braintree, Cohasset, Hingham, Hull, Milton, Norwell, Quincy, Randolph, Scituate, Weymouth, Abington, Avon, Bridgewater, Brockton, East Bridgewater, Easton, Holbrook, Rockland, Stoughton, West Bridgewater, Whitman, Chinatown, Dorchester, South Boston, Roxbury, South End, Mattapan, Charlestown, Chelsea, Downtown Boston including Beacon Hill, East Boston, Arlington, Revere, North End, Winthrop, Allston, Back Bay, Brighton, Brookline, Fenway, Hyde Park, Jamaica Plain, Roslindale, Roxbury, West Roxbury, Cambridge, Somerville

### **Insurance Carriers Accepted**

Masshealth via MBHP, Network Health Traditional Outpatient Services, United Behavioral Health, Harvard Pilgrim, Blue Cross Blue Shield

### **Contracted DMH and DCF Services**

Masshealth via Neighborhood Health Plan, Boston Healthnet, Fallon



## COMMUNITY SUPPORT PROGRAM

Community support program provides short-term interventions for adults and children with mental illnesses, substance abuse, or other psychosocial issues like homelessness. We will also provide support to clients that have a medical condition that need support services in the community. An examples: pregnant women, that have difficulty with their ability to access medical treatment and community-based services. CSP care managers work closely with clients to support their care plans and link them to appropriate and supportive resources to improve clients health status.

## Community Support Program for the Haitian Community and refugee population in Boston

We provide culturally and linguistically competent community support case management services that promote proper health care, social services, counseling, skill-building, offering support to the Haitian individuals and their families. We are providers that care about the health and well-being of the Boston Haitian community and collaborate with other service providers that service the refugee and immigrant population as well. Our community support program services works with clients that need services related to; psychosocial issue, medical conditions, mental health issues, cultural adjustment issues, acculturation issues, trauma, anxiety, navigating systems related to immigration, vocational education, and other issues related to access to services. Linkages to resources to promote the health and self-sufficiency to the Haitian community is our specialty, but we serve all populations within the community.

## The following principles are the guidelines from which we operate:

- We create a therapeutic environment which treats all with dignity and respect.
- We embrace diversity as an essential component in the way we conduct both internal and external business.
- We contribute positively and ethically to the communities and clients we serve.
- We develop interventions that are innovative and flexible so that the goals of clients, and in their communities are met.
- We diligently work to recognize and define the challenges facing our clients, so that we may develop and utilize responsible, solution-focused, strength-based interventions
- We have a responsibility to our clients to measure and monitor the progress of their goals, to continually ensure that our services are being effective and efficient.



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### **To Make Referrals**

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Call 781-885-7252 ext. 103 or 105  
Fax 781-961-1005

or visit our website at [www.lamourgroup.org](http://www.lamourgroup.org)

*Holistic and Multicultural  
Counseling Services  
for Individuals and Families  
in Their Community*

# Enhancing Lives

MIND ~ BODY ~ SPIRIT



## TREATMENT APPROACH

**Community Based Forensic Services with a Public Health focus**

**LAMOUR By Design, Inc.** goes far beyond clinics and psychiatric hospitals in working with our clients holistically and multiculturally. We provide outpatient mental health services to children, adults and families who are under the jurisdiction of Family Court, The Department of Children Services, The Department of Youth Services, Schools and other government agencies. We help to address areas of clients' lives that include child welfare, family violence, immigration, adult criminal and juvenile justice, education issues, and disabilities within a clinical mental health framework. We deliver treatment in the community that is culturally competent, stabilizing a client's level of functioning, increasing well-being while helping to facilitate and promote access to community resources as well as decreasing barriers to proper care. We are non-traditional therapists in that we can meet with our clients where they are comfortable and assume the roles of Teacher, Role Model, Coach and Counselor.



### Our counselors have a multicultural background

We have CULTURAL & LINGUISTICALLY Competent Staff that speak HAITIAN CREOLE, FRENCH CREOLE, PORTUGUESE CREOLE AND SPANISH.

## TREATMENT SERVICES

We use Solution Focused Brief Therapy (SFBT) that is multiculturally sensitive along with a multifaceted system approach that allows us to tailor individual treatment specifically toward each client. These services are distinguished from traditional therapy and support services in that they are delivered in the home and community. Services include: 24/7 urgent response capability on the part of the provider; appointment available 8 a.m. - 8 p.m.; the frequency and duration of a given session matches the needs of the client and is not time limited; scheduling is flexible; services are expected to include the identification of natural supports and include coordination of care. We also provide traditional outpatient services as well.

### CHILDREN'S BEHAVIORAL HEALTH INITIATIVE

#### Children (under 21) and their families

- In-Home Therapy
- Therapeutic Mentoring Services

#### Children and Adults

- Community Support Program

### IN-HOME THERAPY SERVICES

This service is a team approach. Providers consist of a clinician and therapeutic and support training provider. The youth and their family (along with the team) develop treatment goals for the purpose of treating the youth's behavioral health needs, including improving the family's ability to provide effective support for the youth to promote his/her healthy functioning within the family. In-Home therapy Services help children and youths with specific behavior problems that get in the way of everyday life. It uses individualized behavior plans, dialectical behavioral treatment as a specialty, as well as other skill based clinical approaches, supportive counseling, for children and their families who haven't been helped by traditional therapy

### THERAPEUTIC MENTORING SERVICES

A therapeutic mentor works one-on-one with a child or youth to develop a therapeutic relationship. Therapeutic Mentoring helps the youth to develop and strengthen behavioral-health needs by supporting, coaching, and training the youth in age-appropriate behaviors, interpersonal communication, problem-solving and conflict resolution, and relating appropriately to other youth and adults.



### SPECIALTIES

We Specialize in diagnosis, treatment and providing support for:

- Parenting Issues
- Men's Issues
- Women's Issues
- Children and Adolescents
- School related issues
- Forensic systems related issues
- Immigrant's issues
- Cross-cultural issues
- Anxiety Adjustment Disorders
- Post-Traumatic Stress and other Trauma Disorders
- Co-Occurring Disorders
- Ethnic and Cultural Issues
- Depression Disorders
- Stress Management
- Self-Esteem Building
- Relationship Issues
- Life Transitions
- Personal Growth and Spirituality
- Emotional and/or Psychological Abuse
- Psychosocial issues
- Navigating systems
- Community support programming
- Dialectical Behavioral Treatment