

LAMOUR Community Health Institute, Inc (LCHI) has strong local affiliations and partnerships with state agencies and community-based organizations, as well as culturally based organizations, to ensure comprehensive, culturally appropriate responsive to services for all clients. Our staff is dedicated and work collaboratively with the Commonwealth in developing a partnerships. This ensure that children and families are serviced and our partnership is consistent there throughout the Commonwealth.

We Serve Greater Boston & Southeast Region
Boston, Metro Boston, Southeast
(Including but not limited to)

Roxbury, Dorchester, Roslindale, Mattapan, Hyde Park, Quincy, Weymouth, Brockton, Cambridge, Malden & Somerville Canton, Dedham, Foxboro, Medfield, Millis, Needham, Newton, Norfolk, Norwood, Plainville, Sharon, Walpole, Wellesley, Weston, Westwood, Wrentham, Braintree, Cohasset, Hingham, Hull, Milton, Norwell, Quincy, Randolph, Scituate, Weymouth, Abington, Avon, Bridgewater, Brockton, East Bridgewater, Easton, Holbrook, Rockland, Stoughton, West Bridgewater, Whitman, Chinatown, Dorchester, South Boston, Roxbury, South End, Mattapan, Charlestown, Chelsea, Downtown Boston including Beacon Hill, East Boston, Arlington, Revere, North End, Winthrop, Allston, Back Bay, Brighton, Brookline, Fenway, Hyde Park, Jamaica Plain, Roslindale, Roxbury, West Roxbury, Cambridge, Somerville

Insurance Carriers Accepted

Masshealth via MBHP, Network Health, Traditional Outpatient Services, United Behavioral Health, Harvard Pilgrim, Blue Cross Blue Shield



LAMOUR Community Health Institute, Inc (LCHI) was developed to provide an essential link between the community, the health care and human services system, and was founded by LBD Clinic. We go far beyond clinics and psychiatric hospitals in working with our clients and we partner and collaborate with multiple services providers.

We approach the youth and family in focused interventions and therapeutic behavioral supports that enhance youth and family. Our interventions and prevention methods help the youth and family deal with communication problems, build problem-solving skills, conflict resolution skills social skill building, reduce risk, maladaptive behaviors, develop insight into making healthier choices, mindfulness, interpersonal effectiveness, distress tolerance, emotion regulation and poor family interactions. At the same time, we assist the family to develop and utilize a strengths-based approach and helping families identify their natural resources for positive change using Dialectical Behavior Therapy (DBT) and Wraparound model. This integrated approach implements interventions that are designed to teach skills and competencies that assist the youth and family to overcome challenges posed by behaviors associated with the youth's condition and associated stresses on the family.



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To Make Referrals

Intake Department
Call 781-885-7252 ext. 103 or 105
Fax 781-961-1005

or visit our website at www.lamourgroup.org

*Holistic and Multicultural
Counseling Services
for Individuals and Families
in Their Community*

Enhancing Lives

MIND ~ BODY ~ SPIRIT



Partners in working Department of Mental Health (DMH) and the community.

Individual and Family Flexible Support Services (IFFSS)

LAMOUR Community Health Institute (LCHI) also provide community based Services funded through the Department of Mental Health (DMH) that includes the following services:

FAMILY SYSTEMS INTERVENTION

This a comprehensive and managed by a multi-disciplinary team, providing services directly to the child and their family members that are tailored to meet his or her specific needs, this includes being available during school and after school, evenings and weekends. Family meeting or family sessions are conducted in the evenings or weekends based on youth and family needs. Providers must have daily contact. On the days when the client is not seen, contact is made via phone check –in, coaching support, therapeutic support, within the community via school visit, meetings or transporting form appointments searching for resources for the family or with other services in coordination for the individual child and family. Providers are all available for 24 hour crisis or coaching on DBT skills support via phone. Furthermore, LCHI will respond to family crises via 24 hour coverage via phone we offer extra support to families when they need it, as in help accessing emergency services when safety is compromised, in home respite, in times of illness, job loss, housing problems, and other stressors. The youth and families are involved in program planning and development, especially the planning of their own service goals, interventions, and services.

INDIVIDUAL YOUTH SUPPORT SERVICE

Mentoring takes place in the community by providing a one to one support for the youth. Occur while the youth and mentor participate in recreational, vocational, cultural, artistic, or pro social activities this will include using DBT Skills. When appropriate mentors may engage in a particular mentoring activity with more than one youth at a time, but cannot exceed three. The time that a mentor spends with a youth may vary from week to week, depending on the needs of the youth, but it is expected that a mentor will average two hours per week with a youth. (Bachelor level mentor).

YOUTH SUPPORT GROUP SERVICE

Skill groups interventions and prevention methods help DMH youth and family deal with communication problems, build problem-solving skills, conflict resolution, skills social skill building, reduce risk, maladaptive behaviors, develop insight into making helper choices, mindfulness, interpersonal effectiveness, distress tolerance, emotion regulation and poor family interactions. At the same time, we assist the family to develop and utilize a strengths-based approach and helping families identify their natural resources for positive change using Dialectical Behavior Therapy (DBT) Skills acquisition training group model (Master level clinician and Bachelor level mentor).

LCHI DBT skill groups model sessions will run within two seasonal models. The first model will run based on the calendar school year (starting in the last week in September or the first week in October) for 180 minutes 6 weeks sessions three times a week (with two to three week breaks between restarting group sessions).

Two of the groups will be in the afternoon after school for the youth. Students learn and practice skills as well as integrate the goals on IAP. One group maybe reserved for parents who are caregivers in the morning or early afternoon before school. This will depend on the needs of the youth and family attending the group. Skill groups can include DMH family members (e.g., siblings and parents/caregivers) of youth authorized for DMH IFFSS service. We will work on treatment goals and families buy into the model and are willing to consent to DBT techniques via Psycho-education and skill building.

Skill groups second group model sessions will run within the summer (starting after July 4 until the second week in August) for 270 minutes 6 weeks three times a week Monday to Wednesday. This group will start in late morning and end in the afternoon. This group will be a mix of daily DBT skill building, academics using student centered learning and cooperative approaches and therapeutic recreational activities.

COLLATERAL CONTACT/CONSULTATION SERVICE

Collateral Contact/Consultation takes special care to ensure communication with the youth's school, Teachers, Guidance counselors, Social workers, pediatricians and all other support staffs from other agencies and entities that are providing services to the youth. The purpose of these clinical collateral contacts/consultations is to assure that services for the youth are integrated and clinically coherent. Contacts can occur through face-to-face meetings or by phone, e-mail, or other media. Contacts may include observation of a child in a classroom or other community setting, or participation in team meetings. This on combination with groups support and or a stand alone services (Master level clinician).

OUR MISSION

Our mission is to work with our clients to develop interventions and treatments that address the emotional, psychological, behavioral, and environmental challenges that arise and affect our clients ability to function or obtain their goals. We blend holistic and multicultural approaches by using a community based outreach practice that provides comprehensive support services to our clients.

SERVICES ALSO AVAILABLE THOUGH LBD CLINIC THIRD PARTY BILLING

- Therapeutic mentoring
- Community-Support Services
- Dialectic Behavioral Therapy
- Individual Therapy
- Group Therapy

LAMOUR Community Health Institute, Inc will implement the following protocol for the use of Individual and Family Flexible Support Services (IFFSS) Flexible Pool Dollars: LAMOUR Community Health Institute, Inc will only use Flexible Dollars to procure items for a youth who has been authorized by DMH for Flexible Pool Dollars. The Authorization will be documented on the DMH Individual and Family Flexible Support Referral Form used to refer a youth to LAMOUR Community Health Institute, Inc for IFFSS.



Our counselors have a multicultural background

We have CULTURAL & LINGUISTICALLY Competent Staff that speak HAITIAN CREOLE, FRENCH CREOLE, PORTUGUESE CREOLE AND SPANISH.

