

OUR MISSION

Our mission is to work with our clients to develop interventions and treatments that address the emotional, psychological, behavioral, and environmental challenges that arise and affect our clients ability to function or obtain their goals. We blend holistic and multicultural approaches by using a community based outreach practice that provides comprehensive support services to our clients.

We Serve Greater Boston & Southeast Region

Boston, Metro Boston, Southeast

(Including but not limited to)

Roxbury, Dorchester, Roslindale, Mattapan, Hyde Park, Quincy, Weymouth, Brockton, Cambridge, Malden & Somerville Canton, Dedham, Foxboro, Medfield, Millis, Needham, Newton, Norfolk, Norwood, Plainville, Sharon, Walpole, Wellesley, Weston, Westwood, Wrentham, Braintree, Cohasset, Hingham, Hull, Milton, Norwell, Quincy, Randolph, Scituate, Weymouth, Abington, Avon, Bridgewater, Brockton, East Bridgewater, Easton, Holbrook, Rockland, Stoughton, West Bridgewater, Whitman, Chinatown, Dorchester, South Boston, Roxbury, South End, Mattapan, Charlestown, Chelsea, Downtown Boston including Beacon Hill, East Boston, Arlington, Revere, North End, Winthrop, Allston, Back Bay, Brighton, Brookline, Fenway, Hyde Park, Jamaica Plain, Roslindale, Roxbury, West Roxbury, Cambridge, Somerville

Insurance Carriers Accepted

Masshealth via MBHP, Network Health Traditional Outpatient Services, United Behavioral Health, Harvard Pilgrim, Blue Cross Blue Shield



Services also available through LBD Clinic third party billing

- Therapeutic mentoring
- Community-Support Services
- Dialectic Behavioral Therapy
- Individual Therapy
- Group Therapy

Families enrolled in the following managed care

- Network Health
- Neighborhood Health Plan
- Fallon Community Health Plan
- Boston Medical Center HealthNet Plan
- Massachusetts Behavioral Health Partnership
- UBH Harvard Pilgrim



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www.lamourgroup.org

To Make Referrals

Intake Department

Call 781-885-7252 ext. 103 or 105

Fax 781-961-1005

or visit our website at www.lamourgroup.org

*Holistic and Multicultural
Counseling Services
for Individuals and Families
in Their Community*

Enhancing Lives

MIND ~ BODY ~ SPIRIT



Partners in working Department of Children & Families services (DCF) and the community.

Our **Family Stabilization Services (FSS)** program is funded through the **Department of Children & Families services (DCF)**. This is a comprehensive approach based on addressing our clients holistically using child-centered, family-focused interventions, using a team approach (Master level clinician and Bachelor level mentor).

This a comprehensive and managed by a multi-disciplinary team, providing services directly to the child and their family members that are tailored to meet his or her specific needs, this includes being available during school and after school, evenings and weekends. Family meeting or family sessions are conducted in the evenings or weekends based on youth and family needs. The providers alternate days in which the clients are seen, unless a family session. Providers must have daily contact. On the days when the client is not seen, contact is made via phone check –in, coaching support, therapeutic support, within the community via school visit, meetings or transporting form appointments searching for resources for the family or with other services in coordination for the individual child and family. Providers are all available for 24 hour crisis or coaching on DBT skills support via phone. Furthermore, LCHI will respond to family crises via 24 hour coverage via phone we offer extra support to families when they need it, as in help accessing emergency services when safety is compromised, in home respite, in times of illness, job loss, housing problems, and other stressors. The youth and

families are involved in program planning and development, especially the planning of their own service goals, interventions, and services.

A. FAMILY STABILIZATION

Family stabilization services are designed to provide assistance and support to families in keeping their children safely at home and in the community

B. PLACEMENT DIVERSION

Placement diversion services are designed to provide assistance and support to families whose children are at imminent risk of out-of-home placement in foster care, residential, or inpatient hospitals.

C. REUNIFICATION

Reunification services are designed to provide assistance and support to families whose children are returning from out-of-home placement settings.

LAMOUR Community Health Institute, Inc (LCHI)

has strong local affiliations and partnerships with state agencies and community-based organizations, as well as culturally based organizations, to ensure comprehensive, culturally appropriate responsive to services for all clients. Our staff is dedicated and work collaboratively with the Commonwealth in developing a partnerships. This ensure that children and families are serviced and our partnership is consistent there throughout the Commonwealth.

LAMOUR Community Health Institute, Inc (LCHI)

was developed to provide an essential link between the community, the health care and human services system, and was founded by LBD Clinic. We go far beyond clinics and psychiatric hospitals in working with our clients and we partner and collaborate with multiple services providers.

We approach the youth and family in focused interventions and therapeutic behavioral supports that enhance youth and family. Our interventions and prevention methods help the youth and family deal with communication problems, build problem-solving skills, conflict resolution skills social skill building, reduce risk, maladaptive behaviors, develop insight into making healthier choices, mindfulness, interpersonal effectiveness, distress tolerance, emotion regulation and poor family interactions. At the same time, we assist the family to develop and utilize a strengths-based approach and helping families identify their natural resources for positive change using Dialectical Behavior Therapy (DBT) and Wraparound model. This integrated approach implements interventions that are designed to teach skills and competencies that assist the youth and family to overcome challenges posed by behaviors associated with the youth's condition and associated stresses on the family.



Our counselors have a multicultural background

We have CULTURAL & LINGUISTICALLY Competent Staff that speak HAITIAN CREOLE, FRENCH CREOLE, PORTUGUESE CREOLE AND SPANISH.

